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## Philippians: Let's Talk

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This Grace@Home Let's Talk Guide provides discussion questions and activities that you may use to facilitate conversations about God and His Word in your home. The focus is on those chapters that are most likely to promote meaningful conversations for all ages of family members.

### Philippians 2

This week, look out for the good of others. When you do something for someone else, write it down on a piece of paper, fold it and put it in a jar. At the end of the week, have a family time reading the papers. How did this week feel? Could you make it a way of life? God wants it to be!

#### Questions

1. What example did Jesus give us of humility?
2. Paul tells us to do all things without complaining. Why? How are you doing in this area (did you know Paul wrote this from jail? Wow!)?
3. How does Paul describe Timothy? How important is "character" as a Christian? Why?
4. How does Paul describe Epaphroditus? Except in 4:18 he is never mentioned again in the Bible. If God were to write one thing about you what would it be? What would you like it to be?

### Philippians 4

Have each person create a prayer journal. Write your worries and concerns in this journal. Be certain to go back to add when God answered prayers and how He worked things out. You can also use the journal to write your thanks to Him.

#### Questions

1. When you are anxious or afraid what should you do? What does God promise will happen?
2. What does God tell us we should think about? As a family list ten things that fall under one of these categories. List five things that, based on Philippians 4:8, we should not spend time thinking about.
3. When is Paul content? He said he learned this. How do you think he learned it?
4. What promise listed in this chapter can you meditate on this week?